

Dear Healthcare Partner,

Explore the latest from ACE — new publications on rhinitis, upper respiratory tract infections, biosimilars, and diabetes, designed to support evidence-based care in practice.

AT A GLANCE THIS MONTH

- Clinical guidelines on allergic rhinitis and upper respiratory tract infections (URTI)
- Patient resources for biosimilars
- Guidance and Plain English Summary on continuous glucose monitoring systems (CGM) for type 1, monogenic or pancreatogenic diabetes mellitus

Highlights

This month features new ACE Clinical Guidelines (ACGs) to support evidence-based practice and inform the standard of care.

- **Allergic Rhinitis** covers diagnosis and management, including pharmacological therapy and allergen avoidance in adults and children.
- **Upper respiratory tract infections (URTI)** covers clinical assessment, diagnosis and management with a focus on appropriate antimicrobial use when clinically indicated.



Patient Resources

Updated resources to support patient conversations:

- Factsheet on "[Biosimilars: a safe, effective and more affordable option for patients](#)"
- Plain English Summary on "[Continuous glucose monitoring systems for T1DM, monogenic or pancreatogenic diabetes mellitus](#)"

💡 Supports explanation of treatment options and shared decision-making

Clinical Guidelines

ACE Clinical Guidelines (ACGs):

- [Allergic Rhinitis – Diagnosis and management](#)
- [Upper respiratory tract infections – rational antimicrobial use](#)

🎓 Read the ACGs to earn 1 CME/CPE point

Health Technology Guidance & Horizon Scanning Briefs

Latest assessments and early insights of emerging health technologies to support clinical, funding and planning decisions:

UPDATED

Medical Technology Guidance:

- [Continuous glucose monitoring systems for children and adults with type 1, monogenic or pancreatogenic diabetes mellitus](#)

Explore more guidance, guidelines and resources on our ACE website: www.ace-hta.gov.sg

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